

A Network for Women of South Asian Origin



SNEHA is a non-religious, non-sectarian organization. We work to help empower women at three levels: the individual, the community, and the larger society.

We offer support to women survivors of domestic violence and abuse within the growing population segment of the South Asian community.

We also provide an informal learning forum about issues such as:

- Family stresses and crises created by lack of support structures
- More effective inter-generational communication
- Racial and gender discrimination
- Immigration and legal status issues of South Asian Americans in the U.S.

In addition, we run a toll free phone line and provide information and referrals for a variety of support services (legal, counseling, medical etc.).

WHO SHOULD JOIN SNEHA?

- DO you worry about our place in the United States' society?
- DO you miss your extended family and friends' network in your country of origin?
- ARE you sometimes irritated with answering questions like, "Where are you from?" or "Where did you learn such good English?"
- HAVE you experienced discrimination at work or in your everyday life?
- ARE you looking for ways to help other members of the South Asian community?

If you have answered YES to one or more of these questions, we invite you to join SNEHA.

CONTACT

Phone: 800-58-SNEHA (Toll Free in CT)
860-537-0795 - Other States

Mailing Address: Sneha Inc.,
P.O. Box. 271650
West Hartford, CT 06127-1650

Website: www.sneha.org
E-mail: sneha@sneha.org

The SNEHA logo, designed by Sayan Ray, combines the 'S' with faces of women. The logo denotes our intertwined lives, as well as our collective ethos of serving with respect and affection.

ACTIVITIES

Sneha was founded in 1983 as a self help group. It was incorporated as a not-for-profit organization under IRS code 501 (C) 3, in 1998.

Our volunteers speak different languages and our services extend to all South Asian women tracing their origins to Afghanistan, Bangladesh, Bhutan, India, Nepal, Pakistan, and Sri Lanka.

- We provide 24-hour confidential helpline support and referrals for individuals in situations of crisis. We assure the highest level of confidentiality and sympathetic listening in these exchanges. We offer assistance to South Asian women of various religious and ethnic backgrounds, language groups, and nationalities.

- We organize book readings and discussions. The emphasis is on works by women and men of South Asian origin.

- We arrange for speakers and discussions on issues such as racism, domestic violence, South Asian women's health, financial planning, and inter-generational issues.

- We create innovative programs to recover South Asian women's histories and raise awareness of what women have achieved.

- We network with mainstream organizations in Connecticut including the



Permanent Commission on the Status of Women, Connecticut Alliance against Domestic Violence, and other organizations working on minority/women's issues. We also work with community organizations. We are listed on the CT Info-line.

- We provide career counseling services as and when needed to women of South Asian origin.

MEMBERSHIP & STRUCTURE

Members work through committees on calls for help, education, fund-raising, membership, networking and publicity.

The Executive board plans, administers and oversees all activities. Calls for help are handled by board members alone to ensure confidentiality.

The General members help plan and execute activities in co-ordination with members of the board. They also help publicize Sneha's activities.

The Supporting members provide financial and other resource support.

SNEHA executive board as well as the general members meet once a month. Membership dues are \$25/year and are due at the time of joining and annually by January of each year.

The printing of this brochure was supported by Office for Victims in Crime, US Department of Justice. Points of view in this document are those of this NGO and do not necessarily represent the official position or policies of the US Department of Justice.



PLEASE COMPLETE & MAIL TO THE ADDRESS LISTED ALONG WITH
MEMBERSHIP DUES

Name: _____

Address _____

Phone: (H) _____ (W) _____

E-mail: _____

Membership dues enclosed (circle one or more):

General Member: \$25

Full Time students (over 16): \$10

Supporting Member: \$25

Optional donation for Sneha Activities

Make check payable to Sneha Inc.**

***Donations to Sneha Inc. are exempt from taxes to the fullest extent allowed by laws under IRS Section 501 (C) 3.*

Please check your interests and/or areas of expertise:

- Education and programs,
- Organizing lectures, discussions, book readings
- Fundraising
- Professional Services: immigration, counseling, financial, legal, medical
- Outreach
- Publicity
- Webpage
- Other

Sneha Inc. is an organization of people of South Asian origin of different nationalities, ages, religions, races, cultural backgrounds, abilities and sexual orientations. By becoming a member of Sneha Inc., I agree to refrain from any communications and/or behaviors that are disrespectful of people of this larger community.

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(Signature)